



## Supplement 1. Survey form used in the study

1. Have you used an online physiotherapy video consultation for your child in the last three months?

- Yes
- No

2. Who are you to the child?

- Mother
- Father
- Legal guardian
- Other

3. Country of residence

- Poland
- Other response: \_\_\_\_\_

4. Place of residence

- Town up to 50,000 inhabitants.
- Town from 50,000 to 150,000 inhabitants.
- City from 150,000 to 500,000 inhabitants.
- City above 500,000 inhabitants

5. Child's age (in months)

\_\_\_\_\_

6. Did you have the opportunity of online consultation with a physiotherapist prior to the outbreak of the pandemic?

- Yes
- No

7. Did you previously have in-clinic consultation with a physiotherapist?



# ADVANCES IN REHABILITATION

- Yes
- No

8. What was the reason for prior consultation with a physiotherapist? (more than one response can be selected)

- Learning proper infant care
- Assessment of the child's development
- Delayed motor development
- Muscle tension disorder (increased or decreased)
- Asymmetry of position
- Diagnosed syndrome or medical condition inhibiting the child's movement development
- Other response: \_\_\_\_\_

9. How often do you exercise alone with the child at home?

- 5 times per week ( and more)
- 3-4 times per week
- 1-2 times per week
- We do not exercise alone

10. Was the online consultation with the same physiotherapist who had previously conducted the child's therapy?

- Yes
- No

11. Why didn't you decide on consultation with the same physiotherapist who had previously conducted the child's therapy?

- Our physiotherapist does not give online consultations
- I wanted another physiotherapist to assess my child
- Other response: \_\_\_\_\_

12. Did you use online consultation because of the possibility of contact with a particular person?



# ADVANCES IN REHABILITATION

- Yes
- No

13. Why did you decide on this form of help? (more than one response can be selected)

- We wanted to continue in-clinic consultation started before the pandemic in an online form
- We recently received a referral to consultation with a physiotherapist and the pandemic made in-clinic consultation impossible
- We recently noticed something worrying in our child's development and wished to consult in the only form available, online
- We experienced difficulty accessing in-clinic physiotherapy (e.g. due to distance) and now the possibility of online consultation has appeared
- Other response: \_\_\_\_\_

13. Why did you decide on this form of help? (more than one response can be selected)

- We recently received a referral to consultation with a physiotherapist and the pandemic made in-clinic consultation impossible
- We recently noticed something worrying in our child's development and wished to consult in the only form available, online
- We had not previously had the possibility of in-clinic physiotherapy (e.g. due to distance) and now the possibility of online consultation has appeared
- We want to check whether the child is developing correctly and due to the ongoing pandemic, the only form available is online,
- Other response: \_\_\_\_\_

In questions 14 and 15, please select on a scale from 1 to 5 the response that best reflects your feeling regarding online consultation.

14. To what extent did the lack of the physiotherapist's direct presence make it difficult for you to exercise with your child?

[ 1- did not hinder at all; 2- hindered slightly; 3- hindered; 4- hindered considerably; 5- hindered greatly].

	1	2	3	4	5	
Did not hinder at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Hindered greatly



15. To what extent did the technological possibilities of the equipment hinder the online consultation (connection speed, picture/audio quality)

[ 1- did not hinder at all; 2- somewhat hindered; 3- hindered; 4- significantly hindered; 5- extremely hindered]

	1	2	3	4	5	
Did not hinder at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extreamly hindered

16. During the online consultation, did you feel the need for a third person to help you (e.g. to operate the camera while doing exercises with the child)?

- Definitely not
- Rather not
- Difficult to say
- Rather yes
- Definitely yes

17. Are you able to repeat the exercises shown by the physiotherapist during the online consultation?

- Definitely not
- Rather not
- Difficult to say
- Rather yes
- Definitely yes

18. Following the online consultation, do you feel more confident about the correct procedure/exercises with your child at home?

- Definitely not
- Rather not
- Difficult to say
- Rather yes



- Definitely yes

19. Do you think an online consultation can replace an in-person consultation?

- Never
- Seldom
- Sometimes
- Often
- Always

20. If you did not have the opportunity to attend a face-to-face appointment, would you use online consultation again?

- Definitely not
- Rather not
- Difficult to say
- Rather yes
- Definitely yes

21. Would you use online consultation again when face-to-face appointments are available?

- Definitely not
- Rather not
- Difficult to say
- Rather yes
- Definitely yes

22. Do you think online paediatric physiotherapy consultations are effective?

- Definitely not
- Rather not
- Difficult to say
- Rather yes
- Definitely yes



23. Which communicator was used to conduct the online consultation?

- Skype
- Zoom
- Whatsapp
- Messenger
- Other : \_\_\_\_\_

24. Do you see advantages in this form of consultation? (if yes, please write which)

\_\_\_\_\_

25. Was there anything in particular that you think affected the quality of the online consultation?

\_\_\_\_\_